Portfolio	Community
Ward(s)	n/a
Affected:	

<u>Purpose</u>

To receive presentations from the Surrey Health and Wellbeing Board, SAdAS and Crossroads Care

Surrey Heath Health and Wellbeing Board

- The Surrey Heath Health & Wellbeing Board (the Board) was established in 2013, in response to the new health arrangements coming into effect from 1st April 2013.
- 2. As the Borough Council's area was geographically, virtually coterminous with that of the (then new) Surrey Heath Clinical Commissioning Group, the two Authorities agreed to establish the Surrey Heath Health and Wellbeing Board, with the Surrey County Council Adult Services and Public Health Teams.
- 3. The Board aims to harness opportunities for promoting and encouraging good health and active lifestyles, through a strategic approach, feeding into and influencing the work of the Surrey Heath Partnership, through the Partnership Strategy Group.
- 4. As well as developing a Health and Wellbeing Plan and a Workplace Charter, the Board has already achieved a significant amount of coordinated and targeted work to meet the above aims and to support the Surrey Heath Partnership.
- 5. Tim Pashen, Surrey Heath Borough Council Executive Head of Community, will attend to make a presentation on behalf of the Board.

Southern Addictions Advisory Service

- 6. Southern Addictions Advisory Service (SAdAS) is an independent charity which has been in operation for over 30 years. Originally set up by counsellors to offer advice and information about alcohol, the charity developed in the 90s and was contracted to work with drug users and people who had accompanying mental health problems. It is also involved in the Housing agenda, given the levels of homelessness in Surrey.
- 7. SAdAS works within what has become known as the recovery agenda and has become an integrated part of the services offered in Surrey, working with statutory authorities and other voluntary sector organisations to run a range of services, including services related to drugs and alcohol, wellbeing work and housing as well as criminal justice work.

- 8. SAdAS do not use a medical model, avoiding attaching labels to clients, but seek to provide them with the tools needed to bring about change. As well as working with the Community Incident Action Group, SAdAS operates a number of projects, including the Welcome Project, which assist people affected by stress, anxiety and depression, ISIS, which works with drugs and alcohol users looking to recover and Reach Out, a counselling service for people who overuse drugs and alcohol, because it makes them feel better, if only in the short term.
- 9. Haydn Morris, Chief Executive Officer of SAdAS, will attend to give a presentation on behalf of SAdAS.

Crossroads Care

- 10. Crossroads Care Surrey is a leading provider of respite breaks to carers in Surrey, currently supporting 1,800 Carers, by providing professional Carer Support Workers (CSWs) to take over their caring responsibility. It provides high-quality, bespoke care for people in their own home and where possible, sends the same CSW to each visit, providing continuity of care and emotional support.
- 11. There is increasing recognition that society depends heavily upon unpaid carers, who can find themselves on call '24/7' for years on end, a burden that often takes a toll on their own health. A carer is someone who looks after a family member, friend or neighbour who is frail due to old age, has a long-term disability or illness. This ranges from a child with cerebral palsy, to an elderly person with dementia.
- 12. 60% of Surrey residents will take on a caring role at some point. The peak age for caring is 45- 65 years typically working age. Carers are the largest providers of care and support in the UK. The economic value of Carers contributions is more than the entire annual NHS budget. 1 in 5 carers will give up work to take on a caring role. 83% of Carers said caring has had a negative impact on their physical health. 87% of Carers said caring had a negative impact on their mental health.
- 13. Crossroads Care Surrey has provided vital respite breaks to unpaid Carers in the County for over 30 years. Seeking to improve the quality of life of unpaid Carers and the people for whom they care and to foster their physical and mental well-being, Crossroads Care enable carers to take a break from their caring responsibilities, in the knowledge that the person with care needs is in receipt of professional respite care.
- 14. Jenni Pringle, Care Operations Manager and Sheila Hargreave, Adult Clubs and Volunteering Manager, will attend to give a presentation on behalf of Crossroads Care

Recommendation

15. The Committee is asked to consider the presentations and consider any future steps which Members would wish to recommend to the Executive and/or Council.

Background Papers:	None	
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